



Dear Parents,

Welcome to the Cross Island Y Barracuda Swim Team! Please take a few minutes to review the following information regarding practice & payment schedule and fill out the attached documents.

Pricing and Payments

Swim Team season is September 2023 thru June 2024. Team fees will be spread out into 6 payments. The first payment will be due at the time of registration. Team fees do not include uniforms, meet entry fees or Metropolitan Swimming registration. Please see page 3 & 4 for payment schedule.

Discounts and Financial Assistance

- Fees are paid in full by October 1 will receive a 5% discount off each child's fee.
- Additional siblings will receive a 10% discount, not to be combined with full payment discount.
- Financial Aid is available for swim team, please submit application at time of registration.

YMCA of the USA Swimming rules state that all swimmers must have a current YMCA membership. Swim team accounts must remain up to date to participate. If your child's membership or swim team payments are past due, your child may be unable to participate in practices or swim meets until it is reconciled. If circumstances arise that you may not be able to make payment, please reach out to the Aquatic Director as soon as possible.

Team Commitment

Please be aware that joining our swim team is a commitment for you and your swimmer. All registrations are from the date of sign up through the end of the short course season in June 2023. If at any point you wish to leave the team or drop out, you must give a 30-day written notice prior to draft date. Refunds for unused fees will be given on a case-by-case basis.

Volunteering

Parent help is crucial to the operation of a competitive swim team. Parents are required to volunteer a minimum of 20 hours per season. This may in the form of timing, computer operation, admissions, fundraising etc. More information will follow.



Cross Island YMCA Swim Team Registration

2023-2024 Season

Swimmer Name _____ Age _____
(First) (Middle) (Last)

Date of Birth ____/____/____ Sex _____ Home# _____

Address _____ Apt # _____ City _____ Zip _____

Guardian #1 Name _____ Guardian #2 Name _____

Mobile _____ Mobile _____

Email _____ Email _____

Emergency Contact Information

Please provide at least 2 additional Emergency Contacts that are 18 years old and older

1 _____ Relation _____ Phone # _____

2 _____ Relation _____ Phone # _____

Standard Release Form

I, the undersigned, give permission for my child to participate in the Cross Island YMCA Swim Team and all activities on and off premises for the days he/she attends. I also hereby give authority to the YMCA staff to obtain necessary emergency medical treatment for my child with the understanding that the family will be notified as soon as possible. I also give permission for my child to be photographed & videotaped. In addition, I am fully aware of the Code of Conduct rules for the Cross Island YMCA. Any unresolved incidents may result in suspension of my child (without reimbursement). I have read, signed, and agree to the registration requirements.

Signature of Parent or Guardian _____

Date ____/____/____



The payments and schedule are as follows:

- 1ST PAYMENT DUE AT TIME OF REGISTRATION
- 2ND PAYMENT – NOVEMBER 1ST
- 3RD PAYMENT-- DECEMBER 1ST
- 4TH PAYMENT-- JANUARY 1ST
- 5TH PAYMENT – FEBRUARY 1ST
- 6TH PAYMENT -- MARCH 1ST

The dues & practice hours per group are as follows:

Team Name		Practice Times
Green		Mon, Wed, Fri 5:15pm-7:15pm; Tues 5-7pm; Sat 6:15am-8:15am
First Payment:	\$500	
Payment 2,3,4,5,6:	\$488	
Total:	\$2940	
Blue		Mon, Wed, Fri 5:15pm-7:15pm; Sat 6:15am-8:15am
First Payment:	\$500	
Payment 2,3,4,5,6:	\$431	
Total:	\$2655	
Minis		Mon & Wed 4:15pm-5:15pm; Sat 6:15am-8:15am
First Payment:	\$350	
Payment 2,3,4,5,6:	\$354	
Total:	\$2120	
Cudas		Mon & Wed 4:15pm-5:15pm; Sat 6:15am-8:15am
First Payment:	\$350	
Payment 2,3,4,5,6:	\$354	
Total:	\$2120	
Developmental		Friday 4:15pm-5:15pm; Sun 8:00am-9:00am
First Payment:	\$200	
Payment 2,3,4,5,6:	\$172	
Total:	\$1060	



Direct Payment Plan Authorization

Child's name _____

Parent/Guardian Name _____

I authorize the Cross Island YMCA to charge my credit card account \$_____ on the following dates:

November 1st, 2023

December 1st, 2023

January 1st, 2024

February 1st, 2024

March 1st, 2024

AMEX

VISA

MASTERCARD

DISCOVER

Credit Card # _____

Card Holders Signature _____

Expiration Date ____/____

Security Verification _____

Signature of Parent/Guardian _____

Date ____/____/____



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FOR SOCIAL RESPONSIBILITY

Swimmer Agreement

Cross Island YMCA Barracudas Swim Team

Respect your opponent * Be fair * Be a gracious winner * Never be a sore loser

1. This is a competitive swim team and therefore demands a certain seriousness be taken. Practices cannot be a free for all and if you are disruptive, you will be asked to get out of the water.
2. Limited pool time and space force the coaching staff to demand full cooperation, attention, and effort. Any foul ups on your part hurt the team as a whole (ex: leave the wall on time; if you stop, get out of the way, and do not fool around within a set.)
3. Swimmers should behave in a responsible and respectful manner with coaches, teammates and visiting teams.
4. Swim team equipment should be brought on the pool deck at the start of each practice and not used as an excuse to miss part of the workout.
5. Being timely and dependable are key. Excessive lateness and absenteeism defeat our purpose. Practice doors may have to be closed if the lateness problem persists. Being late for meets is unfair to coaches who must make scratches and to yourself since you miss warm up.
6. Getting fast results at meets requires you swimming through minor aches and pains at practice. Complaining of these problems frustrates coaches and lowers team morale. Please come to swim hard and arrive with a positive attitude. (Of course any serious or persistent pains should be brought to coaches' and parents' attention.)
7. Treat teammates with the respect and spirit that all good teams have. Fighting, arguing, insulting, spitting water, pushing, refusing to let swimmers pass, holding teammates up, etc. will not be tolerated.
8. All directions of coaches and YMCA staff members are to be followed completely. Member IDs are to be shown when entering the YMCA each visit.
9. A winning attitude just as important as great times in the pool. We will try hard and not quit in meets and practices.
10. Practice *teamwork* with all fellow swimmers and coaches by practicing the YMCA core values of *Honesty, Responsibility, Caring, and Respect*.
11. The Swim Team Coaching Staff is committed to working with all YMCA swim team members in a fair and consistent manner. The coach will follow the following procedure for program participants who do not follow team rules:
 - a) Warning
 - b) Warning - Inform participant's parent of concern
 - c) Warning - Meeting with participant and participant's parent to determine corrective action
 - d) Suspension from program
 - e) Dismissal from programProgram and membership fee refunds will not be given due to any disciplinary action taken

Our Goal is to compete and have a good time. If we win, Great!

Swimmer Signature _____

Date _____



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Parent Code of Conduct

Cross Island YMCA Barracudas Swim Team

As a parent of a swimmer and a member of Cross Island YMCA Barracudas Swim Team, I agree to the following terms:

1. Practice *teamwork* with all parents, swimmers, and coaches by supporting the YMCA core values of *Honesty, Responsibility, Caring, and Respect*.
2. As a parent, I will not coach or instruct the team or any swimmer at a practice or meet (from the stands or any other area) or interfere with coaches on the pool deck.
3. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
4. Maintain self-control at all times. Know the roles:
 - a. Swimmers - Swim
 - b. Coaches - Coach
 - c. Officials - Officiate
 - d. Parents - Parent
5. As a parent, I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, other parents and/or any participating swimmer will not be permitted or tolerated.
6. Enjoy involvement with CIY Barracudas Swim Team by supporting the swimmers, coaches, and other parents with positive communication and actions.
7. During competitions, questions or concerns regarding decisions made by the meet officials are directed to a member of our coaching staff. Parents address officials via the coaching staff only.
8. The Swim Team Coaching Staff is committed to working with all YMCA swim team members in a fair and consistent manner. The coaching staff must be able to communicate behavioral concerns to parents, and expects parents to communicate their concerns to the swim team coaches. Discussions of this nature must be held before and after swim team practice so as not to take the coaches away from coaching the swim team members.

Ultimately, the final decision on all swimmer and swim team issues rests with the Head Coach and the Sr. Aquatics Director. The Swim Team Coaching Staff is responsible for any disciplinary action regarding program participants. Generally, the coach will follow the following procedure for program participants who do not follow team rules:

- a) Warning
- b) Warning - Inform participant's parent of concern
- c) Warning - Meeting with participant and participant's parent to determine corrective action
- d) Suspension from program
- e) Dismissal from program

Program and membership fee refunds will not be given due to any disciplinary action taken

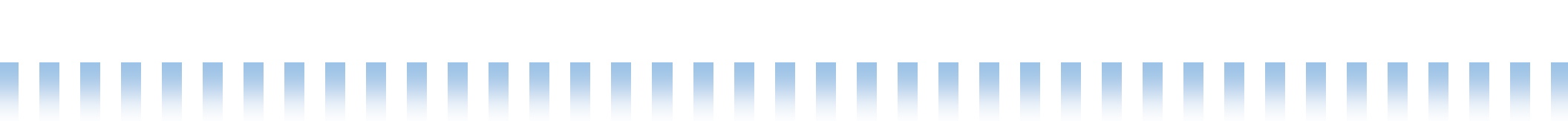
Parent Signature _____

Date _____

YMCA OF GREATER NEW YORK Cross Island YMCA 238-10 Hillside Ave. Bellerose, NY 11426

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Swimmer's last name _____



Meet Schedule

Cross Island YMCA Barracudas

September 2023-December 2023

October 2023	Flushing Distance Meet	Flushing YMCA
October 2023	Junior Swim Champs	Flushing YMCA
October 2023	Walk to the Blocks	Nassau County Aquatic Center
November 2023	Dual Meet at East Hampton	East Hampton YMCA
December 2023	Holiday Invitational	Nassau County Aquatic Center
January 2024	Y Cities	Flushing YMCA
January 2024	Winterfest	College Park, MD
January 2024	Fran Schnarr	Flushing YMCA
January 2024	Mini Cities	Cross Island YMCA
February 2024	State Cut Meet	Flushing YMCA
March 2024	NY YMCA State Champs	Nassau County Aquatic Center

